

PUBLISHER'S NOTICE

The El Paso Herald was established in March, 1881. The El Paso Herald includes also, by absorption and succession, The Daily News, The Telegraph, The Tribune, The Graphic, The Sun, The Advertiser, The Independent, The Journal, The Republican, The Bulletin.

MEMBER ASSOCIATED PRESS AND AMER. NEWS PUBLISHERS' ASSOC. Entered at the Postoffice in El Paso, Tex., as Second Class Matter. The Daily Herald is issued six days a week and the Weekly Herald is published every Thursday, at El Paso, Texas, and the Sunday Mail Edition is also sent to Weekly Subscribers.

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TELEPHONE COMPLAINTS EARLY. Subscribers failing to get The Herald promptly should call at the office or telephone No. 2030 before 5:30 p. m. All complaints will receive prompt attention.

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The Association of American Advertisers has examined and certified to the circulation of this publication. The figures of circulation contained in the Association's report only are guaranteed.

Association of American Advertisers
No. 97 Whitehall Bldg. N. Y. City

Announcements

ANTI-RING DEMOCRATIC TICKET.

District Judge 34th District, Dan M. Jackson.
District Judge 41st District, Leigh Clark.
Sheriff, R. E. Bryant.
District Attorney, C. L. Vowell.
District Clerk, Isaac Alvarado.
County Clerk, Harry Turner.
County Assessor, T. J. Cassidy.
County Collector, Y. E. Ware.
County Treasurer, N. Japowski.
County Attorney, W. H. Fryer.
County Judge, R. V. Bowden.
County Surveyor, A. S. Albro.
Legislature, Charles Owen.
Constable, W. P. Hawkins.
County Commissioner, Precinct One, Charles H. Escott.
County Commissioner, Precinct Two, George Smith.
County Commissioner, Precinct Three, Julian Alarcon.
County Commissioner, Precinct Four, W. D. Mosley.
Justice of Peace, Precinct No. 1, Place 2, Juan Smith.
Justice of Peace, Precinct No. 1, Place 1, Juan Smith.

I hereby announce myself as a candidate for the office of chairman of the county executive committee, subject to the action of the Democratic primaries to be held July 27th, 1912.

Tom Lea.

Nurses

PRACTICAL NURSING by experienced woman. Phone 5347.

Too Late to Classify

UPHOLSTERING.

Furniture repairing and finishing. Furniture packed on short notice. Phone 1025. Danville Furniture and Mattress Factory, 412 Myrtle.

FOR A CHICKEN MAN.

4 room house, 5 lots, fenced, shade trees, 30 fruit trees, chicken houses and chickens. Val Verde addition, 1 block from corner. Price only \$1500.00. D. G. Helmsman, 200 Mills St.

BARGAINS IN LOTS.

6 lots, corner, on Bliss St., block 28. \$300 per lot. See us at once. F. R. Hadlock Realty Co., Second Floor, Caples Building.

BROKERS.

Our specialty is the bargains and we have them. Have some mining propositions that will make you rich. Inspect and pass on them.

ALWAYS SEE US.

Before you buy, sell or trade anything. Can make you money. El Paso Commercial and Realty Exchange. Brokers. Phone 1652. 510 Mills Bldg.

BARGAIN IN LOTS.

SECOND HAND AUTOMOBILES. A 4 passenger 4 cylinder car, a bargain. A 2 passenger 1 cylinder runabout, fine condition. A 2 cylinder runabout in good condition, cheap. Call and see them. Two Republics Garage, Corner Texas and Campbell Sts. Phone 1297.

BARGAINS—BARGAINS.

6 R. brick, cor. Kansas—\$4100
4 R. brick, E. Missouri 2200
6 R. brick, Rio Grande 5000
6 R. brick, Golden Hill 5000
4 R. bungalow, Montana 2650
6 R. brick, Virginia 1700
6 R. brick, Highland Park 3400
5 R. brick, Boulevard 3000
6 R. bungalow, Highland Park 2500
Can give easy terms on any of the above property.

Bishop & McDonald, 311 San Francisco St. Phone 4677.

WE HAVE ANOTHER SNAP.

Sold our house in Grand View, but we have another, 1 block from car line; 2 rooms and bath, with good barn. \$825; easy payment. F. R. Hadlock Realty Co., Second Floor, Caples Building.

CAN I TELL.

What a lens is from the broken pieces? I can tell exactly, and I can grind another lens exactly like the broken one. I do not need a prescription, a piece of the lens will do just as well. Geo. D. Kendall, 208 Mesa Ave., Maken Glasses Right. The Only Lens Factory.

DO YOU WANT A BUNGALOW?

We have it. A 6 room bungalow, all latest built, with two cars, contains some striking original features; lot 75x120 ft.; select neighborhood. The first person who sees this will buy it. \$4200; terms.

Tobin Real Estate Trust Co. The Postoffice is Behind.

FURNITURE PACKING.

Your furniture packed on short notice. Furniture repairing and upholstering. See Danville Furniture and Mattress Factory, 412 Myrtle. Phone 1025.

4 ROOM COTTAGE.

Close in, modern. Buy like paying rent. Price \$2200; easy terms. W. F. Payne, Angelus Hotel Building.

DANGER SIGNALS That Warn You of NERVOUSNESS

CONTINUED nervousness leads to nervous prostration. When one breaks down with nervous prostration it is because the nerves are in a state of collapse. This condition occurs between the ages of twenty and fifty, or when the average person is making the hardest struggle for existence.

The danger signals—conditions that indicate the breaking down of the nerves—are not very well known, as many of them have only recently been discovered. Some of these are:

- Encephalitis.
- Irritability.
- Peevishness.
- Thinking continually of yourself.
- Frequent headaches.
- Loss of concentration.
- Fault-finding.

The causes of nervousness outnumber the danger signals twice over. Some of these causes are well known, but many of them are new to most people. Here are some common causes:

- Worry.
- Poisons.
- Too much food.
- Lack of exercise.
- Too much alcohol.
- Poor food.
- Overwork.
- Lack of sleep.
- Narrow interests.
- Thinking of business after business hours.
- Too much hurry.

These all contribute to nervous prostration. Some of these things alone will bring it on, in other instances a combination of the evils named above will result in a breakdown of the nerves.

Every man is a law unto himself, for what harms one person's health might benefit another. America leads the world in the number of cases of nervous prostration. Overwork is one of the great causes. Overwork is now a vice; it is used to be considered a virtue. It is just as bad as any other bad habit. The high cost of living and the desire of many women to keep up to the pace of their neighbors causes a great many breakdowns. Men seek power and their efforts to obtain it leads them into overwork. Overwork enslaves the



Thinking of Yourself, Fault Finding, Headaches, Suspiciousness, and Peevishness All Indicate Nervousness.

worker, leads to egotism, drives his friends away and makes him unfit to live with.

It is impossible to tell offhand what is overwork.

One man's work is another's overwork.

Surplus nervous energy is the greatest asset one could have as long as you do not speculate with it.

Overwork weakens the nerves and makes it easy for disease to get a start.

Men can find rest at their homes, but women are in the house all the time and to get rest they must go outside of their homes. Women seldom get any fresh air, and any woman desiring to keep in good health ought to walk two or three miles every day.

Worry is overwork of the most disastrous kind. It gives the brain no rest and if persisted in will cause the delicate cells of the brain to decay.

Work is wear and worry is tear.

Exhaustion or fatigue shows itself in physical or mental collapse, which may be due to disease, to over eating or not eating enough, and to various kinds of excesses. Too much pleasure will cause it.

Breakdown can be avoided if the health is cared for properly. There should be moderation in all things. We should be masters of ourselves in all things. Avoid large assemblies where the air is bad, take long breaths, eat good wholesome food, get plenty of sleep and be sure to exercise a little every day. Do not always be trying to do something new or something different. If you should feel tired and exhausted, change your work or rest. Change of work will often do much for the nerves, for it will bring an entirely different set of cells into play. Do not let your mind dwell on your business after business hours. Most men have narrow interests. They should let their spheres widen, take up some hobby or get interested in things other than those connected directly with their work. Horse riding and other forms of exercise create energy, and deep breathing of proper air will give force.

Avoid over eating; avoid alcohol; it depresses; avoid fatigue, avoid eating too much. Don't hurry, don't worry.

Why You SIGH

WHEN any one sighs unconsciously it means they have been taking short breaths and not drawing sufficient oxygen into the lungs. Finally the lungs MUST have more oxygen, they are hungry for it, and so the lungs exert their right and actually force you to take in a great breath of air. This gives them the needed oxygen and they can go on with their work for a while longer, when they will force another "sigh," which is in reality helping themselves to more oxygen in spite of yourself.

Too Late to Classify

5 ROOM BUNGALOW.

Modern, 4 large windows, finished throughout and in fine condition. Price \$4150. W. F. Payne, Real Estate and Insurance, Angelus Hotel Building.

MONTANA STREET.

South and east corner; very large piece of ground, west of Cotton Ave.; suitable for contractor who wishes to build several houses, or for the home of a person desiring large site for fine home. Very reasonable in price. Murphy Land Co., 207 Mills St.

34 ACRES.

Down the valley, near Yalata; all fine land, plenty of water. Price \$200 per acre. W. F. Payne, Sole Agent, Angelus Hotel Building.

VALLEY LAND.

50 acres valley land 1 mile from Canutillo bridge, 20 acres in alfalfa, 30 acres in alfalfa, mello maize and beans. You can buy it now at \$120 per acre on good terms. Broadbent & LeBaron, Real Estate and Insurance, 210 American Bank Bldg.

FRESH JERSEY COW for sale.

305 S. Stanton St.

JONES LAND CO.—Hotel Sheldon.

W. Jones, Manager. Phone 3641.

WANTED—Position immediately by

first-class stenographer; either temporary or permanent; best city references. Address S. S. care of Herald.

FOR RENT—2 extra large rooms for

housekeeping, 1 block from library, 310 W. Missouri.

FOR SALE—Automatic refrigerator,

white enameled inside; just like new; cost \$20; will take \$15. 210 W. Missouri.

COOL NICELY furnished front room.

Phone 3238.

BIG 4 ROOM HOUSE BARGAIN—\$116

Wyoming St., \$300 down and last month takes it; brand new and up-to-date. See it at once. Latta & Harper, sole agents.

WANTED—By middle aged lady, situation

as companion to invalid, gentleman or lady. Address P. O. box 350, city.

POSITION WANTED by lady as ticket

seller for theater. P. O. box 350, city.

TWO SLEEPING ROOMS with private

porch, nicely furnished, close in. Phone 4557.

WANTED—Man with about \$1000 can

secure legitimate light manufacturing business; no risk; \$15 to \$18 daily profits; bank references; personal interview. Address "J. W." care of Herald.

WANTED—A good barber at once. E. D.

Williams, Las Cruces, N. M.

TWO ROOMS furnished or unfurnished.

Phone 3415.

MONEY TO LOAN on real estate security.

Apply to Jones & Jones, Two Republics Bldg., city.

FOR RENT—1 room furnished flat, 116

E. Franklin.

WANTED—Outside unfurnished room

and porch. Write M. 212, Herald.

WANTED—Young man for night operator;

references required. Cactus Messenger Service.

ANSWER TO YESTERDAY'S PUZZLE.

Upper left corner down, in coat.

WANTED—Woman accustomed to helping

on books and to use of typewriter; need not be stenographer; give references. Address O. C. care of Herald.

FOR RENT—Half or whole of 6 room

furnished house. Phone 4051.

WANTED—White servant, German or

Swede preferred; small family; no children. Call 1121 Arizona St.

Lodge Notices

EL PASO LODGE NO. 130, A. F. & A. M.

Regular meetings 1st and 3rd Wednesdays of each month.

W. W. Evans, W. M.
Masonic Relief Board, 105 Mesa Ave.;
hours 10 a. m. to 12 m.
Called meeting Friday, July 5th, 7:20 p. m. Third degree.

E. E. RYAN'S DANCING ACADEMY at

the F. E. Hall Social dance every Wednesday and Saturday evenings.

Too Late to Classify

WANTED—Colored cook for family of

4, 230 E. Overland, Hurme Rooms.

FOR SALE CHEAP—Complete Pump-

ing Plant (Gasoline engine and Centrifugal Pump). Can be seen at Evergreen Cemetery. The company is now using Electric Motor.

FOR RENT—Lovely front room, up-

stairs, 4 large windows, \$12. In private family. 908 Marquette. Call mornings.

STENOGRAPHER desires position

where he can be generally useful; moderate salary. R. T. care of Herald.

WANTED—Experienced news and cigar

stand girl. Apply Hotel Sheldon.

WANTED—Position to take charge of

hotel improvement, but fell back on the counter movement of the more active issues.

Bonds were steady.

Some activity in the American Can common stocks and a slight hardening in the speculative leaders, constituted features of the late afternoon. The market closed weak.

Lowest prices ruled in the final hour

when a fairly wide selling movement set in. Various specialties fell off with the leaders, some of the latter making net losses of two points and more.

MONEY AND METALS

Closing Quotations Today.

New York, N. Y., July 5.—Call money, 2 1/2%.

Bar silver, 61 1/2.

Prime mercantile paper, 60-65 percent.

Deilvered lead (New Mexico) \$12.75.

Copper, \$16.50@17.25.

Tin, \$15.50@16.75.

Mexican Dollars, 43.

Spelter (St. Louis quotation)—\$6.95.

7.00; lead, \$4.65@4.75.

Mexican Pesos (El Paso buying price) 45c.

Exchange (City of Mexico) 49.50.

Current Smelter Quotations.

(El Paso Smelter.)

Copper (wire bars) 17.30

Copper Cathode (els. per lb.) 17.25

Lead (N. Y. sales prices) 4.75

Lead (London) 119.40

Weekly Averages.

(Douglas Smelter Quotations.)

Bar silver 61.75

Copper (wire bars) 17.30

NEW YORK LISTED STOCKS

(By Special Wire to The Herald from I. J. Overlock, Blaine, Ariz.)

Amalgamated 130 1/2

Atchafalca 103 1/2

Great Northern 136 1/2

New York Central 115 1/2

Northern Pacific 112 1/2

Trinidad 103 1/2

Southern Pacific 109 1/2

Union Pacific 148

U. S. Steel 112 1/2

U. S. Steel Pfd. 112 1/2

BOSTON LISTED STOCKS

(By Special Wire to The Herald from I. J. Overlock, Blaine, Ariz.)

Arizona Commercial 5 1/2

Calumet & Arizona 75 1/2

Atchafalca Range 103 1/2

Globe 103 1/2

Greene Cananea 104 1/2

Helvetia 104 1/2

Nevada Con 21 1/2

North Butte 20 1/2

Old Dominion 27 1/2

Shannon 28 1/2

Superior & Boston 29 1/2

Chino Con 25 1/2

Ray Con 23 1/2

Trinidad 103 1/2

U. S. Smelters, common 112 1/2

Utah Con 103 1/2

Utah Copper 62 1/2

UNLISTED STOCKS

(By Special Wire to The Herald from I. J. Overlock, Blaine, Ariz.)

Cactus 10

Chemung 2 1/2

Chief Con 2 1/2

Denn-Arizona 2 1/2

Inspiration Copper 4 1/2

Majestic Copper of Utah 4 1/2

Masson Valley 4 1/2

New Keystone 2 1/2

Ohio Copper 5 1/2

Hay Central 2 1/2

WEAKNESS MARKS STOCK MOVEMENT

Decline May Have Had Bear Help—Activity in American Can.

New York, N. Y., July 5.—Much of the midweek steadiness in the stock market was dissipated today. The selling was distributed among Union Pacific, Reading, Steel and Amalgamated, with weakness most marked in the latter. No special cause was advanced to explain the decline, which doubtless had bear assistance. Shares of the grain carrying roads were inclined to show improvement, but fell back on the counter movement of the more active issues.

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